



# Yoga In The Classroom for teachers and SNA'S

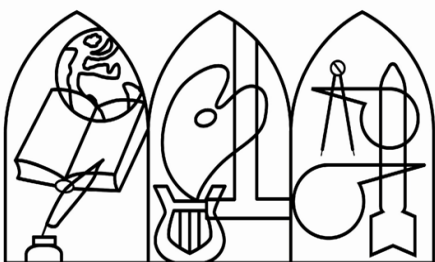
**DATE:** TUESDAY JANUARY 23RD  
**TIME:** 7.00-8.00P.M  
**Venue:** Sligo Education Centre  
**Facilitator:** Lidia Icardi-Atlantic Yoga,

## **This workshop will:**

- Introduce the basic elements of yoga for children
- Present a series of structured lessons for you to teach in your class
- Outline the resources and strategies needed to successfully teach yoga to your class

***BOOKING ESSENTIAL***

***Register online [www.ecsligocourses.com](http://www.ecsligocourses.com)***



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